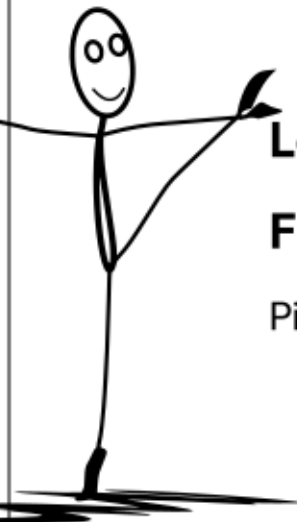



# Pilates Classes Stinchcombe Village Hall

FREE CLASS PASS - try a class for free in Jan!



**Lengthen, Strengthen,  
Flex, Bend and Extend!**

Pilates the Exercise Powerhouse

 Your body!



**Mondays @ 7:45pm**

**To book contact: [deannebcpilates@gmail.com](mailto:deannebcpilates@gmail.com)**